

Connecticut River Area Health District

Serving the Towns of Clinton, Deep River, Old Saybrook, Haddam and Chester

Christine Goupil, Clinton

Michael Dunne, M.D., Chairman, Old Saybrook

Rita Foster, Clinton

Alan Schwarz, M.D., Old Saybrook

Angus McDonald, Vice Chairman, Deep River

Lizz Milardo, Haddam – Lauren Gister, Chester

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Minutes

Tuesday, January 29, 2019

Regular Meeting of the CRAHD Board of Directors

455 Boston Post Road, Suite 7

Old Saybrook, CT 06475

2:00 PM

1. Call to Order

Michael Dunne, Chairman of the CRAHD board of directors, called the regular meeting to order at 2:13 P.M.

2. Roll Call

Chairman Dunne recognized the following board directors: Lizz Milardo, Alan Schwarz, Christine Goupil, Lauren Gister and Vice Chairman Angus McDonald. Absent: Rita Foster. Also, in attendance was Scott Martinson, DOH and Sherry Carlson, Public Health Nurse.

3. Review/Approval of minutes from July 30, 2018 Special meeting

Minutes from the November 27, 2018 special meeting were reviewed by board directors. Motion to approve Minutes made by Dunne 2nd McDonald.

Approved 6-0

4. New Business

a. Environmental Health update

Martinson reported that the environmental staff is extremely busy. There was discussion regarding another delay with regards to the new FDA model food code. The January 1st start date has been delayed again pending legislative approval. The new recreational shell fishing program in Clinton will be starting very soon. The CRAHD sanitarians will be working with the Food Service Establishment on compliance with the Fats Oil and Grease regulations that are applicable to places on city sewers (Deep River and Chester). There was also an update on the Tylerville water main extension in Haddam.

b. Community Health update

Sherry Carlson discussed flu vaccinations. To date CRAHD has held 22 clinics and administered over 1400 flu shots. CRAHD also participated in the December 1st and 8th Statewide flu campaign for the under and non-insured population. The DPH commissioner wrote a letter to CRAHD thanking us for our efforts. Sherry also has been working on the Putting on Airs Asthma program. We also have started a new partnership

with the Green and Healthy Homes Initiative (GHHI) which partners with DPH and Middlesex Hospital. Sherry also discussed the vaccination dispensing drill on 11/28/19 at our second POD site at John Winthrop Middle School in Deep River. CRAHD is the 1st district in the State to develop and drill a vaccination dispensing plan. Sherry also introduced our new contractual public health nurse, Shelby Van Huysen. Shelby will be assisting with the asthma program and other duties as assigned.

c. Director of Health update

Martinson reported that the State will have a new DPH commissioner soon. Martinson mentioned that the last update he heard regarding Killingworth was that they are still considering options and the East Shore Health District has/will be presenting to the Town. Martinson will be applying for an opioid grant. Sherry will be reaching out to the Towns to discuss the best use of the funding. Martinson also discussed the current local health department/district map and shared the health district history timeline with the Board.

d. Discuss 2019/2020 Draft Budget.

The Board preliminarily discussed the budget. A public hearing will be set at the next regular Board meeting.

e. Discuss CRAHD by laws

The Board discussed the by-laws and possible changes to some of the verbiage related to quorums, proxies and alternates.

5. Adjournment

Dunne moved to adjourn the meeting, 2nd McDonald. The CRAHD board of directors meeting adjourned at 3:40 PM.

Approved 6-0

Respectfully Submitted, Scott Martinson
Director of Health